



Our purpose is deeper than a pool!

WE'RE A CAUSE

Members SAVE BIG at the Y - It PAYS to be a Member

Benefits, Value-Added Services, & Privileges!

MEMBER PRIVILEGES

Numerous promotional days for guests!

10% OFF YMCA Merchandise

Member Appreciation Days

FREE or special access to all YMCA 's
SPECIAL program priority registrations

Monthly recognition & giveaways

FREE shake on your birthday

SPECIAL value for Ambassadors

The most **UNIQUE** facility in town!

Indoor Pool, spinning studio, sauna,
steam room, hot tub, two gyms,
Racquetball courts, Cardio Deck, The Pit
Strength center, Aerobics Studio,
walking track, shake bar, massage room,
much, much more!

MEMBER BENEFITS (ALL FREE)

Workout towel

FRESH popcorn every **FRIDAY**

Our Y Promise (*Orientation & Fall Risk*)

All Group Exercise classes! (land & water)

Unlimited guest passes

KidZone (Ages six weeks to 7 years)

Library

Massage Chair & Neuro Gym DEMO

Wifi (password is walk4health)

Unlimited Coffee

Come JOIN Today!

MEMBER VALUE-ADDED SERVICES

Personal spray bottles for Steam & Sauna

Large Towels

SPECIAL access for 24-hours

Locker Rentals

SPECIAL rental rates for Games to Go

Neuro Gym Station bands with monthly
challenges to win **YMCA SWAG!**

Massage Chair with unlimited uses

SPECIAL facility rental rates

Questions:

Contact any of our front desk
personnel or Chad Knight at
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(E): chadk@giymca.org

Grand Island YMCA | The Y...So MUCH more! | www.giymca.org