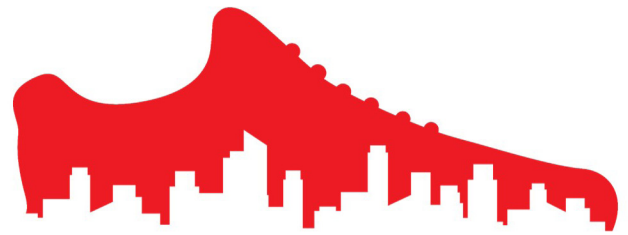


#RunRailside



Saturday
August 29

Grand Island YMCA

15K 5K 1M

RUN
RAILSIDE the

A Grand Island YMCA Fundraiser

| | Check In | Race Begins (Tentative) | July 18- August 14 | August 15 - August 28 |
|----------------------|------------------|----------------------------|-----------------------|--------------------------|
| 15K | 6:00- 6:45 am | 7:00 am | \$35 | \$45 |
| 5K | 6:00- 7:00 am | 7:45 am | \$25 | \$35 |
| 1 Mile Kids | 6:00- 7:00 am | 8:15 am | \$20 | \$25 |
| Age Groups | | | | |
| 15K & 5K: | | | | |
| 13 & Under | 20 - 29 | 40 - 49 | 60 - 69 | 80+ |
| 14 - 19 | 30 - 39 | 50 - 59 | 70 - 79 | |
| 1 Mile Kids | | | | |
| 5 & Under | 6-9 | 10-13 | | |

Races

Races begin and end at the Grand Island YMCA, 221 E. South Front Street.

Registration

Register at GetMeRegistered.com or the Y. No guarantee of a shirt after Friday, August 14. Online registration ends August 27 at 12 noon. No paper registrations taken after 5:00 pm on August 28.

Packet Pick Up

August 28, 1:00-7:00pm, YMCA, 221 E South Front St. August 29, starting at 6:00 am at the YMCA

Awards

Medals will be presented for 1st, 2nd & 3rd place runners in each age division.

Goodies

Tri-blend shirt to all participants, and a goodie bag.

Timing

Chip Timing provided by Precision Race Results.

RUNRAILSIDE Race Entry Form

REGISTER ONLINE AT GETMEREGERED.COM

Name _____ Phone _____ Birth Date _____

Address _____ City _____ Age as of Aug 29, 2020 _____

State: _____ Zip: _____ Male Female

Email Address: _____

Tech Shirt: Youth: S M L ADULT: S M L XL XXL XXXL (\$2 extra for XXL & XXXL)

Please indicate race: 15K 5K Kids 1-Mile

Total enclosed: \$ _____

I, the undersigned, as participant or parent or guardian of a participant in the above Grand Island YMCA Program, acknowledge the existence of and assume full responsibility for certain risks associated with this program which may cause damage to property or personal bodily injury or death to the participant. My signature on this waiver verifies that I will not hold the Grand Island YMCA liable or accountable for any injury to my self or my legal dependents while participating in this YMCA Program. PHOTO PERMISSION: I do hereby grant permission for pictures to be used in publicity or brochures related to the Grand Island YMCA. The YMCA conducts regular sex offender screenings on all members, participants, and guests. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

Signature _____

Parent or Guardian Signature _____

Date _____

GRAND ISLAND YMCA

221 E South Front Street, Grand Island, Nebraska 68801 • P 308.395.9622 • giymca.org

