

POOL SCHEDULE

March 7-April 21, 2025



Pool Activities		5:00 AM	6:00 AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM		
Monday	Lane 6	Lap Swim 6 Lanes	Lap Swim 4 Lanes	Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Swim Lessons 6 Lanes	Swim Lessons 2 Lanes	Swim Lessons 2 Lanes	Deep Water Fitness 4 Lanes	Swim Lessons 2 Lanes		
	Lane 5			Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes		Lap Swim 2 Lanes											
	Lane 4			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 3			Adult Swim	Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes		Arthritis Aquatic 4 Lanes											
	Lane 2			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 1			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
Tuesday	Lane 6	Lap Swim 6 Lanes	Lap Swim 4 Lanes	Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes	Lap Swim 6 Lanes	Lap Swim 1 Lane	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes		
	Lane 5			Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes		Lap Swim 2 Lanes											
	Lane 4			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 3			Adult Swim	Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes		Arthritis Aquatic 4 Lanes											
	Lane 2			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 1			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
Wednesday	Lane 6	Lap Swim 6 Lanes	Lap Swim 4 Lanes	Lap Swim 1-2 Lanes	Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes		
	Lane 5			Lap Swim 1-2 Lanes	Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes												
	Lane 4			Water Fitness 4-5 Lanes	Water Zumba Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes												
	Lane 3			Adult Swim	Water Zumba Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes												
	Lane 2			Water Fitness 4-5 Lanes	Water Zumba Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes												
	Lane 1			Water Fitness 4-5 Lanes	Water Zumba Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes												
Thursday	Lane 6	Lap Swim 6 Lanes	Lap Swim 4 Lanes	Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Swim Lessons 6 Lanes	Swim Lessons 2 Lanes	Deep Water Fitness 4 Lanes	Swim Lessons 2 Lanes	Swim Lessons 2 Lanes		
	Lane 5			Lap Swim 1-2 Lanes	Lap Swim 3 Lanes	Lap Swim 2 Lanes		Lap Swim 2 Lanes											
	Lane 4			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 3			Adult Swim	Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes		Arthritis Aquatic 4 Lanes											
	Lane 2			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
	Lane 1			Water Fitness 4-5 Lanes	Swim Lessons 3 Lanes	Arthritis Aquatic 4 Lanes		Lap Swim 2 Lanes											
Friday	Lane 6	Lap Swim 6 Lanes	Lap Swim 4 Lanes	Lap Swim 1-2 Lanes	Lap Swim 2 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes		
	Lane 5			Lap Swim 1-2 Lanes	Lap Swim 2 Lanes													Lap Swim 2 Lanes	
	Lane 4			Deep Water Fitness 4-5 Lanes	Water Fitness 4-5 Lanes													Adult Swim	Lap Swim 2 Lanes
	Lane 3			Adult Swim	Water Fitness 4-5 Lanes													Adult Swim	Lap Swim 2 Lanes
	Lane 2			Water Fitness 4-5 Lanes	Water Fitness 4-5 Lanes													Adult Swim	Lap Swim 2 Lanes
	Lane 1			Water Fitness 4-5 Lanes	Water Fitness 4-5 Lanes													Adult Swim	Lap Swim 2 Lanes
Saturday	Lane 6	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Swim Lessons 6 Lanes	Swim Lessons 6 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes		
	Lane 5							Lap Swim 2 Lanes										Lap Swim 2 Lanes	
	Lane 4							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 3							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 2							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 1							Open Swim 4 Lanes										Open Swim 4 Lanes	
Sunday	Lane 6	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Swim Lessons 6 Lanes	Swim Lessons 6 Lanes	Lap Swim 6 Lanes	Lap Swim 2 Lanes	Senior & Special Needs Swim 4 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes	Open Swim 4 Lanes		
	Lane 5							Lap Swim 2 Lanes										Lap Swim 2 Lanes	
	Lane 4							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 3							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 2							Open Swim 4 Lanes										Open Swim 4 Lanes	
	Lane 1							Open Swim 4 Lanes										Open Swim 4 Lanes	

LAP SWIM	SENIOR
OPEN SWIM	ARTHRITIS
FITNESS	LESSONS
TEAMS	