



# QUICKSILVER SWIM TEAM TRYOUTS

Swim Team is a fun, competitive program with swimmers from beginner to advanced. We have experienced coaches (all former swimmers), productive practices working toward technique progression, and opportunities to compete. We'd love to have you on our team!

**Tryout Dates:**

Tuesday, October 8th

Wednesday, October 9th

Friday, October 11th

**Times (evenings):**

5:40, 5:50, 6:00, 6:10, 6:20

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Tryouts are scheduled by appointment to allow time for coaching evaluations. Please call or text 308-380-8396 to secure your day and time.

**Requirements:**

**The ability to complete the swim safely (even slowly) is the focus vs the technique of the swimmer. Technique will come with practice.**

Participants must be ages 5-18 and able to swim 25 meters (one length of the pool) freestyle and backstroke.

- Please wear a suit. Goggles aren't required but recommended.
- Plan on approximately 10 minutes per swimmer.

Coaches will be on hand to guide and evaluate. Team experienced parents will be on deck to answer questions. Swimmers who tryout and are invited to continue will receive a free trial for their first week of practice good any week in October.

Our experienced Coaches will recommend the best level to start and will work with swimmers to move up to the next level as appropriate.